

Registration Form

Name _____
Address _____
City _____ St _____ Zip _____
Email _____
Home Phone () _____ Cell () _____
High School _____ Year _____ (Fall of 09)
Club Team _____ Coach _____
Position Setter ___ MH ___ OH ___ Lib/DS ___
Register Online at:
<http://www.thecourtsinbeaverton.com/SummerCamps.html>

Skills Session	Session	Price
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- | | | |
|--|---|----------|
| <input type="checkbox"/> Setting For Setters | 1 | \$150.00 |
| <input type="checkbox"/> Offensive Skills | 2 | \$150.00 |
| <input type="checkbox"/> Ball Control Skills | 3 | \$150.00 |
| Defense | | |

Total: _____

Method of Payment

- Check Cash
 Visa

Credit Card # _____ Exp. date _____

Signature _____

The Courts in Beaverton

14523 SW Millikan Way #110
Beaverton, OR 97005
Phone: 503-646-7905

<http://www.thecourtsinbeaverton.com/SummerCamps.html>

The Courts in Beaverton

is the premier Volleyball facility in Portland Metro area. **The Courts** has the most dedicated VOLLEYBALL courts in Oregon. We have 6 high quality hardwood courts with netting dividing each, Fully Air Conditioned, 43 ft high roof and the only Volleyball Store in the State of Oregon or Washington. We have over 100 training balls, 10 ball carts, Video equipment, Monitors, jump training equipment, spiking, Hitting, defensive and setting training tools. All of this along with the best coaches to direct and train you as the Elite Player you want to become. **The Courts** is

“The Volleyball Facility”

The Courts has and continues to play host to USA Volleyball Youth, Junior and Adult events, Jr High and High School events and even the USA Men's National Volleyball Team

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The Courts In Beaverton Presents Elite Volleyball Training Sessions 2010

For top level 16u, 18u
and Varsity HS players



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Topics/Skills

Setting For Setters - Setters and Right-side players (Max of 24 Players)

Preparation footwork to setting
Transition Footwork
Sets 1's, 3's, Slides, X's, 4's, B1's,
Setting tight passes, Dumping
Setters decisions processes

Ball Control Skills - For all position players, A must for Liberos and DS (Max of 24 Players)

Passing Serve receive
Free Ball and Down Ball passing
Setting for Non setters
Pursuit skills

Offensive Skills

Middle Hitters (Max of 12 Players)

Serve Recieve and Transition footwork
Hitting- 1's, 3's, Slides, B1's, slides
Blocking

Outside Hitters (Max of 12 Players)

Serve Recieve and Transition footwork
Hitting- 4's, X's, slides, High Flat, Chip, Wipe Off, Dink
Blocking

Sessions

Session #1 July 12th- July 15th

Setting For Setter

Session #2 July 19th- 22nd

Offensive Skills

12 Middle hitters

12 Outside hitters

Setters (Only setters from session #1)

Session #3 August 9th-12th

Ball Control Skills and Defense

Sample Schedule

4:00p-4:15p Warm up on own and stretch out
4:15p-4:30p Position specific movements
4:30p-5:00p Instruction and Drills
5:00p-5:45p Intense high speed drills
5:45p-6:00p Skill Competition
6:00p-6:15p Speed, Agility, Quickness training

Staff Coaches

Steve Suttich- Steve has been playing and coaching Volleyball for over 30 years. Steve has won both NCAA and USAV National Championships. Steve has been named All-American 7 times while playing in NCAA and USAV Championships. He has coached at the HS (both boys and girls), Collegiate (Univ. of Wash), National and International levels. Steve has been the keynote speaker at National and International coaches clinics and has worked with both the Men's and Women's USA National team coaches. Steve is Currently the Director and Coach of Oregon Juniors Volleyball Acad.

Marty Mozzochi- Marty has been coaching at a high level since 1979 when she was named the Head Coach for the University of San Francisco. In 1984, after four seasons at USF, Marty and her husband Jeff, moved to PSU and enjoyed success that Vikings fans haven't seen since. The Vikings finished ranked in the nation's top 10 every season, and in the top four six times, winning four national championships in that span. Marty is currently coaching at PSU and she is the 14's Director for Oregon Juniors Volleyball Acad.

Asst Coaches

TJ Schlatter- Former Asst Coach at PSU, USA Volleyball All American, Former Canby Volleyball Director, Currently Head Coach of Oregon Juniors Volleyball Acad 16's.

Kyle Dobashi- Coach Oregon Juniors Volleyball Acad. Former Asst Coach at Westview HS

